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General Principles of Prestressed Concrete Formulas

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List of 19 General Principles of Prestressed Concrete Formulas

General Principles of Prestressed Concrete

1) Compressive Stress due to External Moment

$$f_x = M_b \cdot \left(\frac{y}{I_a} \right)$$

[Open Calculator](#)

$$\text{ex } 166.6667 \text{ MPa} = 4 \text{ kN} \cdot \text{m} \cdot \left(\frac{30 \text{ mm}}{720000 \text{ mm}^4} \right)$$

2) Cross Sectional Area given Compressive Stress

$$f_x A = \frac{F}{\sigma_c}$$

[Open Calculator](#)

$$\text{ex } 200 \text{ mm}^2 = \frac{400 \text{ kN}}{2 \text{ Pa}}$$

3) External Moment with Known Compressive Stress

$$f_x M = f \cdot \frac{I_a}{y}$$

[Open Calculator](#)

$$\text{ex } 4.00008 \text{ kN} \cdot \text{m} = 166.67 \text{ MPa} \cdot \frac{720000 \text{ mm}^4}{30 \text{ mm}}$$

4) Length of Span given Uniform Load

$$f_x L = \sqrt{8 \cdot L_s \cdot \frac{F}{w_b}}$$

[Open Calculator](#)

$$\text{ex } 5.09902 \text{ m} = \sqrt{8 \cdot 5.2 \text{ m} \cdot \frac{400 \text{ kN}}{0.64 \text{ kN/m}}}$$



5) Prestressing Force given Compressive Stress

$$fx \quad F = A \cdot \sigma_c$$

Open Calculator 

$$ex \quad 400kN = 200mm^2 \cdot 2Pa$$

6) Prestressing Force given Uniform Load

$$fx \quad F = w_b \cdot \frac{L^2}{8 \cdot L_s}$$

Open Calculator 

$$ex \quad 384.6154kN = 0.64kN/m \cdot \frac{(5m)^2}{8 \cdot 5.2m}$$

7) Resulting Stress due to Moment and Prestress and Eccentric Strands

$$fx \quad \sigma_c = \frac{F}{A} + \left(M \cdot \frac{y}{I_a} \right) + \left(F \cdot e \cdot \frac{y}{I_a} \right)$$

Open Calculator 

$$ex \quad 2.000833Pa = \frac{400kN}{200mm^2} + \left(20kN \cdot m \cdot \frac{30mm}{720000mm^4} \right) + \left(400kN \cdot 5.01mm \cdot \frac{30mm}{720000mm^4} \right)$$

8) Resulting Stress due to Moment and Prestressing Force

$$fx \quad \sigma_c = \frac{F}{A} + \left(M_b \cdot \frac{y}{I_a} \right)$$

Open Calculator 

$$ex \quad 2Pa = \frac{400kN}{200mm^2} + \left(4kN \cdot m \cdot \frac{30mm}{720000mm^4} \right)$$

9) Sag of Parabola given Uniform Load

$$fx \quad L_s = w_b \cdot \frac{L^2}{8 \cdot F}$$

Open Calculator 

$$ex \quad 5m = 0.64kN/m \cdot \frac{(5m)^2}{8 \cdot 400kN}$$



10) Stress due to Prestress Moment

$$f_x \quad f = F \cdot e \cdot \frac{y}{I_a}$$

Open Calculator 

$$ex \quad 83.5MPa = 400kN \cdot 5.01mm \cdot \frac{30mm}{720000mm^4}$$

11) Uniform Compressive Stress due to Prestress

$$f_x \quad \sigma_c = \frac{F}{A}$$

Open Calculator 

$$ex \quad 2Pa = \frac{400kN}{200mm^2}$$

12) Upward Uniform Load using Load Balancing Method

$$f_x \quad w_b = 8 \cdot F \cdot \frac{L_s}{L^2}$$

Open Calculator 

$$ex \quad 0.6656kN/m = 8 \cdot 400kN \cdot \frac{5.2m}{(5m)^2}$$

Materials 13) Creep Coefficient in European Code

$$f_x \quad \Phi = \frac{\delta_t}{\delta_i}$$

Open Calculator 

$$ex \quad 1.6 = \frac{0.2}{0.125}$$

14) Empirical Formula for Secant Modulus Proposed by Hognestad in ACI Code

$$f_x \quad E_c = 1800000 + (460 \cdot f_c')$$

Open Calculator 

$$ex \quad 300.8MPa = 1800000 + (460 \cdot 0.65MPa)$$



15) Empirical Formula for Secant Modulus Proposed by Jensen

$$\text{fx } E_c = \frac{6 \cdot 10^6}{1 + \left(\frac{2000}{f_{c'}} \right)}$$

Open Calculator 

$$\text{ex } 1949.366 \text{ MPa} = \frac{6 \cdot 10^6}{1 + \left(\frac{2000}{0.65 \text{ MPa}} \right)}$$

16) Empirical Formula for Secant Modulus using ACI Code Provisions

$$\text{fx } E_c = w_m^{1.5} \cdot 33 \cdot \sqrt{f_{c'}}$$

Open Calculator 

$$\text{ex } 9690.047 \text{ MPa} = (5.1 \text{ kN/m}^3)^{1.5} \cdot 33 \cdot \sqrt{0.65 \text{ MPa}}$$

17) Instantaneous Strain given C_c

$$\text{fx } \delta_i = \frac{\delta_t}{\Phi}$$

Open Calculator 

$$\text{ex } 0.125 = \frac{0.2}{1.6}$$

18) Total Strain

$$\text{fx } \delta_t = \delta_i + \delta_c$$

Open Calculator 

$$\text{ex } 0.625 = 0.125 + 0.5$$

19) Total Strain given Creep Coefficient

$$\text{fx } \delta_t = \delta_i \cdot \Phi$$

Open Calculator 

$$\text{ex } 0.2 = 0.125 \cdot 1.6$$



Variables Used

- **A** Area of Beam Section (Square Millimeter)
- **e** Distance from Centroidal Geometric Axis (Millimeter)
- **E_c** Secant Modulus (Megapascal)
- **f** Bending Stress in Section (Megapascal)
- **F** Prestressing Force (Kilonewton)
- **f_c** Cylinder Strength (Megapascal)
- **I_a** Moment of Inertia of Section (Millimeter⁴)
- **L** Span Length (Meter)
- **L_s** Sag Length of Cable (Meter)
- **M** External Moment (Kilonewton Meter)
- **M_b** Bending Moment in Prestress (Kilonewton Meter)
- **w_b** Uniform Load (Kilonewton per Meter)
- **w_m** Unit Weight of Material (Kilonewton per Cubic Meter)
- **y** Distance from Centroidal Axis (Millimeter)
- **δ_c** Creep Strain
- **δ_i** Instantaneous Strain
- **δ_t** Total Strain
- **σ_c** Compressive Stress in Prestress (Pascal)
- **Φ** Creep Coefficient



Constants, Functions, Measurements used

- **Function:** **sqrt**, sqrt(Number)
Square root function
- **Measurement:** **Length** in Millimeter (mm), Meter (m)
Length Unit Conversion 
- **Measurement:** **Area** in Square Millimeter (mm²)
Area Unit Conversion 
- **Measurement:** **Pressure** in Megapascal (MPa), Pascal (Pa)
Pressure Unit Conversion 
- **Measurement:** **Force** in Kilonewton (kN)
Force Unit Conversion 
- **Measurement:** **Surface Tension** in Kilonewton per Meter (kN/m)
Surface Tension Unit Conversion 
- **Measurement:** **Moment of Force** in Kilonewton Meter (kN*m)
Moment of Force Unit Conversion 
- **Measurement:** **Specific Weight** in Kilonewton per Cubic Meter (kN/m³)
Specific Weight Unit Conversion 
- **Measurement:** **Second Moment of Area** in Millimeter⁴ (mm⁴)
Second Moment of Area Unit Conversion 



Check other formula lists

- [General Principles of Prestressed Concrete](#) • [Transmission of Prestress Formulas](#) 
- [Formulas](#) 

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